WHAT IS CLAIMED IS:

1. A glove or condom former comprising $M_{n+1}AX_n$, wherein M is a transition metal selected from scandium, titanium, vanadium, chromium, zirconium, niobium, 5 hafnium, and tantalum, or a mixture thereof;

wherein A is an element selected from aluminium, silicon, gallium, germanium, tin, lead and indium, or a mixture thereof;

wherein X is carbon or nitrogen; and n is 1, 2 or 3.

- 2. The glove or condom former of claim 1 where M is titanium, A is selected from silicon, germanium or aluminium, X is carbon and n is 2.
- 3. A method for producing a latex or synthetic 15 polymer glove or condom comprising:
 - (a) dipping the glove or condom former of claim 1 in a liquid latex or synthetic polymer bath;
 - (b) allowing the latex or synthetic polymer coating to dry on the former; and
- 20 (c) releasing the formed latex or synthetic polymer glove or condom from the former.